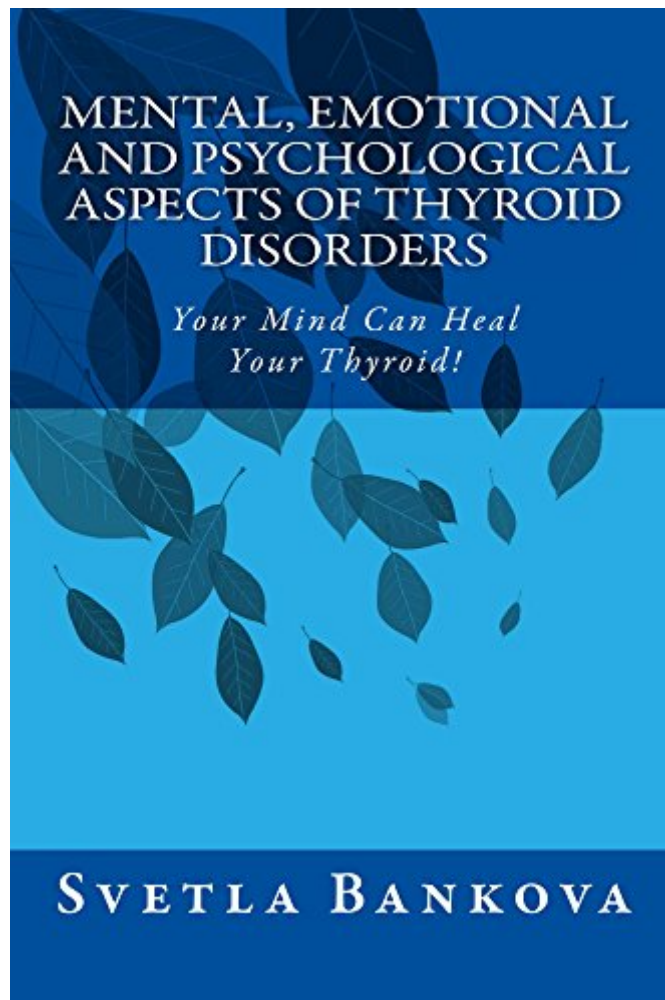




Ebook Directory
the best source of ebook

The book was found

Mental, Emotional And Psychological Aspects Of Thyroid Disorders: Your Mind Can Heal Your Thyroid!



Synopsis

• is a psychological anatomy of thyroid disorders, a book about the real origin of your thyroid problems (Graves' disease, Hashimoto's disease, thyroid cancer, hyperthyroidism or hypothyroidism). The book explains the mental and psychological reasons behind the thyroid disorder and how buried emotions and feelings can create the grounds for the onset of these disorders. The author is a former Graves' Disease and hyperthyroidism patient and holds a Master's degree in Psychology. She is counseling and coaching thyroid patients for over 10 years. The book includes also information about: The Hierarchy of Needs Theory and thyroid disorders; The concept of Self-Esteem and Self-Love for thyroid patients; Personality Traits of people suffering from thyroid disorders; Anatomy of stress and emotions and their role in the onset of thyroid disorders; 25 Alternative and Complementary Methods, worth trying; Psychological exercises, tests and practical instruments that will help your thyroid gland and much, much more. Have you ever thought that your thyroid disorder may just not be due to chemical imbalance and lack of medications? Have you ever thought that the only available, scientifically proven methods for treatment today i.e. surgery, RAI treatment and medication may not be enough to heal your thyroid disorder or actually they can damage your whole body system, irreversibly? Did it occur to your mind that these may not be the only options to take you to your path of healing? Do you want to avoid RAI or surgery just by including alternative and complementary methods and making life style changes? Do you know how to reduce stress and deal with the negative emotions associated with your thyroid disorder? Learn all this in "Mental, Emotional and Psychological Aspects of Thyroid Disorders" book! Your mind can heal your thyroid!

Book Information

File Size: 1357 KB

Print Length: 230 pages

Publication Date: September 8, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00NG1DV7Y

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #153,297 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #63

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Immune Systems #70 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Thyroid Conditions #159 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Immune Systems

Customer Reviews

This book changed my life!! I strongly recommend anyone with hyperthyroid or Graves Disease read this book.

[Download to continue reading...](#)

Mental, Emotional and Psychological Aspects of Thyroid Disorders: Your mind can heal your thyroid! Thyroid Diet: Easy Guide to Managing Thyroid Symptoms, Losing Weight, Increasing Your Metabolism (Thyroid, Thyroidism, Thyroid Diet, Thyroid Health, Thyroid ... Thyroid Diet Plan, Thyroid Solution) Thyroid Diet: A Guide For Using The Thyroid Diet to Manage Thyroid Symptoms, Increase Metabolism and Lose Weight (dieting, weight loss, thyroid, hyperthyroidism, ... hyperthyroidism diet, thyroid diet plan,) Emotional Intelligence: Why You're Smarter But They Are More Successful (Emotional intelligence leadership, Emotional Quotient, emotional intelligence depression, emotional intelligence workbook) Iodine: Thyroid: The Hidden Chemical at the Center of Your Health and Well-being (Thyroid, Hashimoto's, Thyroid Deficiency, Thyroid Diet) Thyroid Diet: Thyroid Diet Guide To Understanding Hypothyroidism And Treating Hypothyroidism With Thyroid Diet Strategies For Losing Weight With An Underactive ... Diet For Underactive Thyroid) Thyroid Diet: How to Improve Thyroid Disorders, Manage Thyroid Symptoms, Lose Weight, and Improve Your Metabolism through Diet! The Thyroid Solution: A Revolutionary Mind-Body Program for Regaining Your Emotional and Physical Health Master Your Mind: Achieve Greatness by Powering Your Subconscious Mind [mental power, mind control, thought control] (brain power, subconscious mind power, NLP, Neuro Linguistic Programming) Unmasking Psychological Symptoms: How Therapists Can Learn to Recognize the Psychological Presentation of Medical Disorders ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Essential Oils and Thyroid: The Essential Oils Thyroid Solution: Chronic Fatigue? Weight Gain? Brain Fog? Get Relief with Essential Oils to Help Heal Your ... Hypothyroidism, Hashimoto's, Metabolism) Adrenal Thyroid

Connection Cookbook: 50 Natural Treatment Protocol Meals-Break The Connection Between Thyroid And Adrenal Problems(Adrenal Thyroid Revolution) Thyroid Diet : Thyroid Solution Diet & Natural Treatment Book For Thyroid Problems & Hypothyroidism Revealed! Highly Sensitive Person: 2 Manuscripts - Empath & Emotional Healing -Empowering Empaths, Healing, Sensitive Emotions, Energy & Relationships,Coping with Emotional and Psychological Trauma The Detrimental Effects of Emotional Abuse: How Emotional Abuse and Emotional Elder Abuse Destroy Us All Emotional Intelligence: 3 Manuscripts - Emotional Intelligence Definitive Guide, Mastery, Complete Step by Step Guide (Social Engineering, Leadership, ... (Emotional Intelligence Series Book 4) Your Body Speaks Your Mind: Decoding the Emotional, Psychological, and Spiritual Messages That Underlie Illness Distinguishing Psychological From Organic Disorders, 2nd Edition: Screening for Psychological Masquerade The Thyroid Solution: A Revolutionary Mind-Body Program for Regaining Your Emotional and Physical Health

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)